



Rainier Beach Pool
8825 Rainier Ave S.
Seattle, WA 98118



Spring 2015 SWIMMING LESSONS

March 30th — June 14th, 2015

Registration Begins: Tuesday, March 10th, 2015, at Noon

Online: ----- www.seattle.gov/parks

In Person: ----- 8825 Rainier Ave S

By Phone: ----- 206.386.1925

Class	Days	Times	Dates	# Classes	Cost	Barcode
TOTS 6 months- 4 years	Monday	10:00-10:30 AM	3/30-6/8	10*	\$70.00	132442
	Monday	5:30-6:00 PM	3/30-6/8	10*	\$70.00	132443
	Tuesday	10:00-10:30 AM	3/31-6/9	11	\$77.00	132451
	Tuesday	6:00-6:30 PM	3/31-6/9	11	\$77.00	132453
	Wednesday	10:30-11:00 AM	4/1-6/10	11	\$77.00	132454
	Wednesday	5:30-6:00 PM	4/1-6/10	11	\$77.00	132455
	Thursday	10:00-10:30 AM	4/2-6/11	11	\$77.00	132447
	Thursday	6:00-6:30 PM	4/2-6/11	11	\$77.00	132450
	Friday	10:00-10:30 AM	4/3-6/12	11	\$77.00	132440
	Friday	5:30-6:00 PM	4/3-6/12	11	\$77.00	132441
	Saturday	9:30-10:00 AM	4/4-6/13	10#	\$70.00	132444
	Sunday	10:00-10:30 AM	4/5-6/14	11	\$77.00	132445
Class	Days	Times	Dates	# Classes	Cost	Barcode
3 Year Olds Monday through Wednesday	Monday	10:00-10:30 AM	3/30-6/8	10*	\$125.00	132413
	Monday	5:00-5:30 PM	3/30-6/8	10*	\$125.00	132414
	Monday	5:30-6:00 PM	3/30-6/8	10*	\$125.00	133551
	Tuesday	10:00-10:30 AM	3/31-6/9	11	\$137.50	132432
	Tuesday	10:30-11:00 AM	3/31-6/9	11	\$137.50	132433
	Tuesday	4:30-5:00 PM	3/31-6/9	11	\$137.50	132434
	Tuesday	6:00-6:30 PM	3/31-6/9	11	\$137.50	132435
	Wednesday	10:00-10:30 AM	4/1-6/10	11	\$137.50	132436
	Wednesday	10:30-11:00 AM	4/1-6/10	11	\$137.50	132437
	Wednesday	5:00-5:30 PM	4/1-6/10	11	\$137.50	132438
	Wednesday	5:30-6:00 PM	4/1-6/10	11	\$137.50	132439

*** No Lessons, Monday, May 25th for Memorial Day**

#No Lessons, Saturday, April 18th for April Pool's Day– morning lessons only

Class	Days	Times	Dates	# Classes	Cost	Barcode
3 Year Olds Thursday through Sunday	Thursday	10:00-10:30 AM	4/2-6/11	11	\$137.50	132419
	Thursday	4:30-5:00 PM	4/2-6/11	11	\$137.50	132428
	Thursday	6:00-6:30 PM	4/2-6/11	11	\$137.50	132431
	Friday	10:00-10:30 AM	4/3-6/12	11	\$137.50	132407
	Friday	10:30-11:00 AM	4/3-6/12	11	\$137.50	132411
	Friday	5:00-5:30 PM	4/3-6/12	11	\$137.50	132412
	Saturday	9:00-9:30 AM	4/4-6/13	10#	\$125.00	132416
	Saturday	9:30-10:00 AM	4/4-6/13	10#	\$125.00	132417
	Saturday	2:45-3:15 PM	4/4-6/13	11	\$137.50	132415
	Sunday	10:00-10:30 AM	4/5-6/14	11	\$137.50	132418
Class	Days	Times	Dates	# Classes	Cost	Barcode
Kinder Ages 4 and 5 Years Old	Monday	10:30-11:00 AM	3/30-6/8	10*	\$85.00	132271
	Monday	4:30-5:00 PM	3/30-6/8	10*	\$85.00	132272
	Monday	6:00-6:30 PM	3/30-6/8	10*	\$85.00	132273
	Tuesday	10:30-11:00 AM	3/31-6/9	11	\$93.50	132285
	Tuesday	5:00-5:30 PM	3/31-6/9	11	\$93.50	132288
	Wednesday	10:00-10:30 AM	4/1-6/10	11	\$93.50	132290
	Wednesday	4:30-5:00 PM	4/1-6/10	11	\$93.50	132292
	Wednesday	6:00-6:30 PM	4/1-6/10	11	\$93.50	132293
	Thursday	10:30-11:00 AM	4/2-6/11	11	\$93.50	132278
	Thursday	5:00-5:30 PM	4/2-6/11	11	\$93.50	132281
	Friday	10:30-11:00 AM	4/3-6/12	11	\$93.50	132268
	Friday	4:30-5:00 PM	4/3-6/12	11	\$93.50	132269
	Friday	6:00-6:30 PM	4/3-6/12	11	\$93.50	132270
	Saturday	9:00-9:30 AM	4/4-6/13	10#	\$85.00	132276
	Saturday	10:00-10:30 AM	4/4-6/13	10#	\$85.00	132274
	Saturday	2:45-3:15 PM	4/4-6/13	11	\$93.50	132275
	Sunday	10:30-11:00 AM	4/5-6/14	11	\$93.50	132277
School of Fish Ages 6-12 Years Old	Saturday	9:00-9:30 AM	4/4-6/13	10#	\$0-20	132332

*** No Lessons, Monday, May 25th for Memorial Day**

#No Lessons, Saturday, April 18th for April Pool's Day– morning lessons only

SCHOOL OF FISH

School of FISH is a **beginning** swimming lesson program for families offered at a discount pricing of \$2 per lesson for a paired **parent and child**. The first session is **free**! You must register ahead of time in person at the pool, online or over the phone. Intended for elementary and middle school-aged children with their parent, **each child must be accompanied 1:1 in the water by an adult**. Beginning swimming skills taught include: water adjustment, bubble blowing, breath holding, kicking on front, back float and using a life jacket.

Class	Days	Times	Dates	# Classes	Cost	Barcode
Beginning Swimmer Ages 6-16 Years Old	Monday	6:30-7:00 PM	3/30-6/8	10*	\$70.00	132224
	Tuesday	5:30-6:00 PM	3/31-6/9	11	\$77.00	132259
	Tuesday	6:30-7:00 PM	3/31-6/9	11	\$77.00	132260
	Wednesday	6:30-7:00 PM	4/1-6/10	11	\$77.00	132262
	Thursday	5:30-6:00 PM	4/2-6/11	11	\$77.00	132256
	Thursday	6:30-7:00 PM	4/2-6/11	11	\$77.00	132257
	Friday	6:30-7:00 PM	4/3-6/12	11	\$77.00	132214
	Saturday	10:30-11:00 AM	4/4-6/13	10#	\$70.00	132229
	Saturday	11:30 AM - 12:00 PM	4/4-6/13	10#	\$70.00	132240
	Saturday	2:45-3:15 PM	4/4-6/13	11	\$77.00	132243
	Sunday	10:00-10:30 AM	4/5-6/14	11	\$77.00	132250
	Sunday	11:00-11:30 AM	4/5-6/14	11	\$77.00	132253
	Sunday	11:30-12:00 PM	4/5-6/14	11	\$77.00	132254
Advanced Swimmer Ages 6-16 Years Old Levels 4-6	Monday	5:30-6:00 PM	3/30-6/8	10*	\$70.00	132193
	Tuesday	6:00-6:30 PM	3/31-6/9	11	\$77.00	132212
	Wednesday	5:30-6:00 PM	4/1-6/10	11	\$77.00	132213
	Thursday	6:00-6:30 PM	4/2-6/11	11	\$77.00	132211
	Friday	6:00-6:30 PM	4/3-6/12	11	\$77.00	132179
	Saturday	11:00-11:30 AM	4/4-6/13	10#	\$70.00	132194
	Saturday	2:45-3:15 PM	4/4-6/13	11	\$77.00	132195
	Sunday	10:30-11:00 AM	4/5-6/14	11	\$77.00	132196
Pre-Competition Ages 6-17 Years Old	Friday	5:30-6:30 PM	4/3-6/12	11	\$154.00	132326
Special Population Ages 6-17 Years Old	Monday	4:00-4:30 PM	3/30-6/8	10*	\$70.00	132351
	Tuesday	4:00-4:30 PM	3/31-6/9	11	\$77.00	132390
	Tuesday	5:30-6:00 PM	3/31-6/9	11	\$77.00	132405
	Wednesday	4:00-4:30 PM	4/1-6/10	11	\$77.00	132406
	Thursday	4:00-4:30 PM	4/2-6/11	11	\$77.00	132387
	Thursday	5:30-6:00 PM	4/2-6/11	11	\$77.00	132388
	Thursday	6:00-6:30 PM	4/2-6/11	11	\$77.00	132389
	Friday	4:00- 4:30 PM	4/3-6/12	11	\$77.00	132338
	Friday	5:30-6:00 PM	4/3-6/12	11	\$77.00	132342
Adult Stroke Development	Tues- Int	8:00-8:30 PM	3/31/6/9	11	\$77.00	132172
	Thurs- Adv	8:00-8:30 PM	4/2-6/11	11	\$77.00	132169
Beginning & Intermediate Adult Ages 16 & up	Monday	10:30-11:00 AM	3/30-6/8	10*	\$70.00	132173
	Monday	6:00-6:30 PM	3/30-6/8	10*	\$70.00	132174
	Wednesday	6:00-6:30 PM	4/1-6/10	11	\$77.00	132178
	Thursday	10:30-11:00 AM	4/2-6/11	11	\$77.00	132177
	Saturday	11:00-11:30 AM	4/4-6/13	10#	\$70.00	132175
	Sunday	11:30 AM-12:00 PM	4/5-6/14	11	\$77.00	132176

*** No Lessons, Monday, May 25th for Memorial Day**

#No Lessons, Saturday, April 18th for April Pool's Day-- morning lessons only

WOMEN OF THE WORLD LESSONS

Seattle Parks and Recreation is proud to offer single gender swimming lessons for women who, because of cultural or personal reasons cannot swim in a co-ed environment. During these programs the windows to the pool are covered for privacy and only female instructors are employed.

Class	Days	Times	Dates	# Classes	Cost	Barcode
TOTS 6 months- 4 years (Girls and Boys)	Sunday	5:30-6:00 PM	4/5-6/14	11	\$77.00	132462
Kinder Ages 4 and 5 Years Old (Girls Only)	Sunday	6:00-6:30 PM	4/5-6/14	11	\$93.50	132460
Beginning Swimmer Ages 6-16 Years Old (Females Only)	Sunday	5:30-6:00 PM	4/5-6/14	11	\$77.00	132459
Women & Teens 12 Year Old & up (Females Only)	Sunday	6:00-6:30 PM	4/5-6/14	11	\$77.00	132457

REFUNDS:

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- Anyone who registers for a class, camp, and special event or program that is cancelled for any reason by Parks and Recreation or the Advisory Council will receive a full refund.
- Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who requests a refund 14 days or more before its start (or before the second session of a class), may receive a refund minus a service charge of \$5 or 10% of the class fee (whichever is greater).
- After the start of the second lesson, no refund of any kind will be given.
- Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who withdraws from the activity fewer than 14 days before its start (or after the second session of a class), will receive no refund.
- A transfer from one class to another is permitted without cost if done on the same business day as the original registration, and is subject to space availability.
- No fee is charged for a transfer initiated by Seattle Parks and Recreation Staff when done to correct an error in registration or allow for a better recreation opportunity.

TOTS LESSONS

Ages: 6 months - 4 years

Under the guidance of an instructor, parents introduce their infants and toddlers to the swimming pool. We teach basic water adjustment and swimming movements using songs and games, with an emphasis on enjoyment and relaxation. Each child must be accompanied into the water by a parent or adult. Swim diapers or tight fitting plastic pants are required.

THREE-YEAR-OLDS LESSONS

Age: 3

Our certified instructors introduce children to these swimming skills: basic water adjustment skills, bubbles, breath-holding, front and back floats, kicking, arm pulls, and water safety skills. Children must have completed one session of Tots and must be willing to work in the water with an instructor. We maintain a 3:1 student to instructor ratio.

KINDER LESSONS

Ages: 4 & 5

Participants start with basic water adjustment and advance through: front and back floats, flutter kick, rolling from front to back, side breathing, crawl stroke with side breathing, backstroke, whip kick, treading water, diving, and water safety skills. On the first day of class children are sorted into groups by ability.

Do you know a child who needs a scholarship? To learn more about applying, or to receive a Low-Income Scholarship application, please contact your neighborhood pool. Funding is limited. Approved scholarships can be used for Kinders (ages 4 to 5), Beginning Swimmer (ages 6 to 16) and Advanced Swimmer (ages 6 to 16).



Seattle Children's
HOSPITAL • RESEARCH • FOUNDATION

BEGINNING SWIMMER LESSONS

Ages: 6 – 16 Levels 1-3

In our beginning youth class children will work on floating, bubbles, crawl stroke, side breathing, backstroke, whip kick, and diving. On the first day of class children are sorted into groups by ability.

ADVANCED SWIMMER LESSONS

Ages: 6 – 16 Levels 4-6

Prerequisite: Swimmers must have passed Beginning Swimmer Level 3, be comfortable in deep water, and swim 25 yards of good crawl stroke, backstroke, whip kick and dolphin kick. **Participants who do not meet this prerequisite will be moved to a Beginning Swimmer class if space is available.** Pretests are available for during Public Swims.

Advance swimmer adds breaststroke, butterfly, and backstroke along with longer distances and stroke refinement for children.

YOU CAN BE A SUPER HERO TOO! As part of our ongoing commitment to water safety, Seattle Parks and Recreation—in partnership with Seattle Children's Hospital and supplemented by donations from the community made to the You Can Be A Super Hero Too campaign—is offering scholarships to supplement the cost of swim lessons for youth ages 4 to 16.



Can you make a donation? To make your donation to the Seattle Parks and Recreation swim lesson scholarship fund, visit any Seattle Parks and Recreation swimming pool, or

donate online to www.arcseattle.org/get-involved/. For more information, call your local pool or 206-684-7185. Be a hero and help every child become a super swimmer!